HPH Pediatrics Rotation Guidelines for PA Students

Updated 4/19/25

Welcome to your Pediatrics rotation at Northshore University HealthSystem. We are very excited to spend the next 6 weeks with you. Your experience will be primarily inpatient working with our Pediatric Hospitalist team. In addition, you will schedule a handful of outpatient days with primary care pediatricians and pediatric subspecialists.

PRE-ROTATION TASKS:

1. Contact Mary Smith at [msmith2@northshore.org](mailto:msmith2@northshore.org) **AND** Kathy Barcanic at [KBarcanic@northshore.org](mailto:KBarcanic@northshore.org)

AS SOON AS POSSIBLE with the first date of your rotation and they will set up on-line EPIC training and badge access. Make sure your account is activated at least one week prior to start of rotation. Note that an active EPIC account through a Non-NorthShore facility does not mean you have an active NorthShore EPIC account, and you will have to complete the on-line training for NorthShore EPIC as per instructions above.

1. Confirm with Mary that she will meet you at 10am on your first day to assist you with getting your badge, 1st EPIC login, and giving you a tour of the hospital. She will show you 3E (Pediatrics floor), adolescent psych (2nd floor), and the ER.
2. Arrive at 10am on your first day and call Mary Smith at 847 926 5840. After her orientation, have her bring you to our callroom room 1315 at 11am or go to the Women’s Services Center and have the unit concierge page us to meet you.

DAILY WORKFLOW: **Please perform a 3 min scrub of your hands with scrub soap in nursery to start the day**

1. On inpatient days, meet the hospitalist in the call room at 11am, be dressed in scrubs – we will show you where to obtain these on your first day.
2. Review the census with the hospitalist and discuss the plan for the day. The hours for your inpatient days are Mon-Fri 11am-7pm. When there is downtime, you can study independently in the breakroom – this is also where many students store their belongings for the day. The hospitalist will check in with you near the end of the day to decide when to go home, on busier days you may stay a little later if there is an interesting case you want to see.
3. We try to do at least one didactic lecture a day if it is not too busy. Typically you will choose a topic and the hospitalist will assign you an article to read prior to discussing the topic later in the day.

We will be in contact with you daily using cellphones. Remember never to text patient information. If your cellphone does not get service in the hospital, we have a pager available.

EXPECTATIONS:

By the completion of this rotation you should feel confident to:

- Work as a member of a team with mutual respect and enthusiasm for learning and patient care

- Independently perform a comprehensive history and physical exam on a newborn baby, a pediatric patient and an adolescent patient (we will see patients together at first, then allow you to see patients independently once you are comfortable)

* Complete accurate charting on Pediatric patients including initial H&Ps and progress notes which include comprehensive histories, exams, evaluation of diagnostic studies, differential diagnoses, patient assessments, and treatment plans
* Present medical information to colleagues and families in an organized and logical manner
* Incorporate feedback received on workflow, exam, documentation and communication skills into future performance
* Demonstrate an increased fund of medical knowledge across a range of topics in Pediatrics
* Independently provide anticipatory guidance education to families
* Independently offer breastfeeding guidance to new parents
* Independently assist new parents in finding a primary care provider for their newborn
* Assist in the resuscitation of a newborn at birth

EVALUATION:

Your grade will be determined by your ability to demonstrate the above expectations as assessed by all the hospitalists you work with in combination with your shelf exam score.

EDUCATIONAL RESOURCES:

**Northshore Education Website (created specifically for this rotation)**

<https://sbachta.wixsite.com/nspedsed/videos-1>

AAP Section on Hospital Medicine Library

<http://www.sohmlibrary.org/clinical.html>

University of Chicago Pediatric Clerkship Site

<https://pedclerk.uchicago.edu/>

INPATIENT EXPERIENCE:

Nursery patients (FYI - Do not round in the birthing center rooms from 1-3pm daily as that is quiet time)

-Newborn exam resource: <http://newborns.stanford.edu/Residents/Exam3.html>

-Newborn exam video: https://www.youtube.com/watch?v=cracmPo3iYo

- If a newborn baby is not yet on our patient list, you can find the baby’s chart by searching with the last name and date of birth.

-When seeing a newborn for the first time:

1. Review chart and newborn note template with hospitalist to learn where important information is found

2. When seeing family ask: Baby’s name, who will be baby’s pediatrician, any complications with pregnancy/birth, who will baby live with, do they have a crib/carseat, are there any illnesses in the family (heart murmurs, deafness, genetic syndromes), how will they feed baby, do parents have any concerns?

When seeing a newborn the day before discharge

1. Ensure a followup appointment has been made within the next 2-3 days. If concerns such as jaundice or weight loss, f/u in 1 day.

2. At minimum, provide the following anticipatory guidance: infant should sleep on back, call PMD if temp >100.4 rectal, jaundice, or if breastfeeding - <4 wet diapers & <2 stools/day by fourth/fifth day of life. Tell them to bring their printed discharge instructions to their first pediatrician’s visit as it contains vital medical information for their PMD to record.

Pediatric Patients (ED Consults)

Pediatric Physical Exam Video: https://www.youtube.com/watch?v=GE4vBDTN3ZE

1.Make sure to obtain a complete medical history: History of present illness, Review of systems, Birth hx, PMHx, Surgical Hx, Home Medications (including dosages), Allergies, FHx: specifically childhood medical illnesses in the family, SHx: who patient lives at home with, siblings & ages, any pets, any smokers in home, Immunization Hx, Primary Care Physician name

2. Present case to the hospitalist including differential diagnosis, assessment and plan

3. Use smartphrase .PASTUDENTHANDP for your H&Ps

4. Seek feedback on your patient interactions, presentations, and notes

Psychiatric patients

-we can get called to do medical clearance exams for adolescents <18yo on the psychiatric unit. Use the smartphrase .PASTUDENTPSYCHCONSULT, but it is your responsibility to make sure the information automatically included in the template is accurate.

\*The hospitalist needs to add the psych patients to our peds census for you to access the inpatient encounter. Please remind them to do so if you are seeing a psych patient. You may only be able to access psych patient charts in the psych unit so your notes may need to be completed on the psych unit.

**OUTPATIENT PEDIATRICS**

-You will spend 4 days of your 6 week rotation at our participating Northshore outpatient clinics. Please schedule two days with each of the providers below.

Lindsay Uzunlar at [luzunlar@northshore.org](mailto:luzunlar@northshore.org) (Tues-Fri)

1000 Central St, ste 765 Evanston 317-509-4725

Tuesday 8-12

Wednesday 8-4

Friday 7-3

Felissa Kreindler at 847-231-1640 (speak with Jamie Mrozinski to schedule) (Tues, Wed, Thurs, or Fri)

1000 E. Rollins Rd. Round Lake Beach, IL

On these clinic days you do not need to report to Highland Park Hospital afterward. Please mark these days on your calendar posted in our workroom so we know you will be spending the day at clinic.

Please bring an N95 mask with you in case you need to see a patient with suspected COVID

**SUBSPECIALTY SERVICES**

You will spend an additional 2 days shadowing our subspecialists. On these days you do not need to report to Highland Park afterward. Work on these emails on your first day. Schedule those you are most interested in first and then round out your schedule with the rest as availability allows.

**Gastroenterology Day**

- Contact Dr. Casini (peds GI) at [rcasini@northshore.org](mailto:rcasini@northshore.org) to arrange.

**Neurology Day**

- Contact Dr. Finkel (peds neuro) at [LFinkel@northshore.org](mailto:LFinkel@northshore.org) to arrange. Shadow one clinic.

Here is a sample email you can use:

“Hello Dr. XXXXX

My name is XXXXXX and I am a second year Rosalind Franklin PA student on my Pediatrics rotation with Dr. Bachta. He asked me to email you to schedule a shadowing day with you. I will be on this rotation until (Date XXXX). Let me know what days and times would work best for you. Thank you very much.

Sincerely,

XXXXX”

LACTATION SHADOWING: **(ALERT ELLEN 1 WEEK PRIOR TO SHADOWING)**

Lastly, please spend one half day with our lactation specialist (Ellen) at Highland Park to learn the basics of breastfeeding. Ask the hospitalist to help you schedule this after all other scheduling is completed, her schedule is posted in the nursery and she does not need advanced notification prior to shadowing day.

**ISCU SHADOWING DAY:**

You will spend one Thursday (marked on the calendar in our workroom) shadowing in the Evanston ISCU. You will join morning rounds and then attend lunch conference. In the afternoon please feel free to followup on any interesting cases seen in the morning. You are free to leave once you have had all your questions answered. Arrive to the Evanston Women’s Hospital at 7:30AM and have them direct you to the ISCU. Let the front desk attendant know that you will be shadowing ISCU rounds and they will direct you to the team. Your parking can be validated at the lobby front desk (bring your ID).

**PEDS INPATIENT FLOOR** **SHADOWING DAY:**

You will spend one Monday (marked on you calendar) at Evanston Hospital. Please arrive by 830am and take the F elevator to the 3rd floor. Turn left and find the Pediatrics Unit. Pick up the phone to be buzzed in. The the front desk clerk that you are there to shadow rounds. You will spend the morning shadowing rounds from 9am-11am. If you need to buy lunch, do so from 11am-1130am in the basement cafeteria. At 1130am meet Dr. Bachta in the basement Simulation Lecture Rooms. There you will attend 2 lectures. At 1:15pm you will return to the Inpatient Floor to finish shadowing the floor team. Signout will be at 4pm and you can leave afterwards. Your parking can be validated at the lobby front desk (bring your ID).

**PRESENTATION (DUE BY LAST DAY OF ROTATION)**

**We will have you present at least one talk. Choose a topic that relates to an interesting patient you see during this rotation. You can present your talk to any of the hospitalists, but please email your handout to Steve Bachta at** [**sbachta@gmail.com**](mailto:sbachta@gmail.com) **before the end of the rotation. A sample handout will be provided to you before the start of the rotation.**

HOSPITALIST EVALUATIONS

At the end of the rotation, please fill out an on-line evaluation on each of the hospitalists that mentored you as we strive to find ways to continue to improve your educational experience.

<https://docs.google.com/forms/d/1Ijfn1EOHK4JnkrNOZAcr_2Tx-y9eb_VZte85WyLx5P8/viewform?c=0&w=1>

Feel free to contact Steve Bachta (rotation coordinator) at [sbachta@gmail.com](mailto:mdeleon@northshore.org) with ANY questions

EPIC Tips:

**\*\*\*I would recommend that you review these EPIC tips on your 1st day, and review again after several shifts because it help you navigate through EPIC much easier\*\*\***

-Lack of information on EPIC chart does not mean negative. For example, just because there’s no documented urine output, doesn’t necessarily mean infant has not urinated. Try to obtain the information in other ways – asking mother, nurse, or reviewing other flowsheets. Sometimes the information isn’t provided on 1 flowsheet, but it is provided on another flowsheet.

-When using templates, there are many assumptions that are made and it is your responsibility to make sure that the information in your note is accurate. (For example, in the normal newborn note template, it says “infant has urinated and stooled in the last 24 hours”).

-Delete extraneous, duplicate, and erroneous information in the notes so you have an accurate & concise note.

-Write H&Ps and daily progress notes and pend them. Once the hospitalist reviews notes and gives you feedback, the notes will usually be deleted or cosigned.

-What to include in your EPIC note: pertinent positives, pertinent negatives, your assessment, summary of conversations, and whatever is needed for billing purposes.

Under the Activities tabs

Patient Summary:

-add the following reports to the top of their screen: ECR postpartum kardex, ECR newborn report, OB delivery summary baby

Chart review:

-access previous encounters and laboratory values

Results review:

-access results.

Smartphrases & smartlinks (especially .famhx, .pmh, .socdoc, .ped, .allergy, .imm, .vs, .cbc, .bmg, .prob, .med)

MAR

-review this. Clicking REPORT shows what medications were given & at what time.

DOC FLOWSHEETS

-navigate through the doc flowsheets to find any information you find necessary for rounding.

-helpful newborn flowsheets - delivery summary report# 2691715